

Egg Free • Gluten Free • Grain Free No Added Sugar • Low Sodium 30 Minutes or Less

Everyday Broccoli Salad





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INGREDIENTS

6 cups broccoli, chopped 1/2 cup raisins 1/4 cup red onion, chopped 1/4 cup sunflower seeds 1/4 cup bacon bits 1/2 cup plain low fat yogurt 1/4 cup honey

DIRECTIONS

- 1. In large bowl, combine broccoli, raisins, red onion, sunflower seeds, and bacon bits.
- 2. In small bowl, combine plain yogurt and honey.
- 3. Stir yogurt and honey mixture into large bowl. Serve immediately or chill.

TIPS

- For more tartness, use cranberries instead of raisins.
- Try with your favorite nuts instead of sunflower seeds.